

NC TOPPS ADOLESCENT MENTAL HEALTH: November 2012 to October 2013

Measure	1	2	3	4	5	6	7	8	9	10	11	12	13
NC @ initial interview	22.7%	19.4%	8.0%	31.3%	34.1%	0.0%	0.0%	0.0%	39.3%	95.2%	0.0%	0.0%	14.5%
NC @ 6 month follow-up	40.5%	9.1%	15.7%	57.2%	53.8%	44.2%	36.0%	45.5%	27.8%	0.0%	93.5%	72.6%	9.4%
% difference	17.8	10.3	7.7	25.9	19.7	44.2	36	45.5	11.5	95.2	93.5	72.6	5
Support, Inc. @ initial interview	20.8%	20.4%	7.1%	37.6%	49.5%	0.0%	0.0%	0.0%	44.8%	96.5%	0.0%	0.0%	15.1%
Support, Inc. @ 6 month follow-up	45.5%	10.8%	13.6%	59.1%	62.4%	50.0%*	47.8%*	50.0%*	18.7%	0.0%	97.4%	78.6%	9.7%
% difference	24.7	9.7	6.5	21.5	12.9	50	47.8	50	26.1	96.5	97.4	78.6	5.4
Type of change/result	POSITIVE	POSITIVE	POSITIVE	POSITIVE	POSITIVE	GOOD	GOOD	GOOD	POSITIVE	EXCELLENT	EXCELLENT	GOOD	POSITIVE

Blue = Above state difference

Red = Below state difference

1. Mental health symptoms- Percentage of consumers who reported none or mild mental health symptoms in the month before treatment versus during treatment
2. Suicidal thoughts- Percentage of consumers who reported experiencing suicidal thoughts in the 3 months before treatment versus during treatment
3. Problems did not interfere with daily life- Percentage of consumers who reported their symptoms do not interfere with school or other daily activities in the 3 months before treatment versus during treatment
4. Emotional health- Percentage of consumers who reported their emotional well-being as good or excellent in the year before treatment versus during treatment
5. Relationships with family or significant others- Percentage of consumers who reported their relationships with family or significant others as good or excellent in the year before treatment versus during treatment
6. Quality of life- Percentage of consumers who reported program services were very helpful in improving their quality of life during treatment
7. Control over life- Percentage of consumers who reported program services were very helpful in helping them gain control over their lives during treatment
8. Hope about future- Percentage of consumers who reported program services were very helpful in increasing hope about the future during treatment
9. Suspension or expulsions- Percentage of consumers who reported suspensions, expulsions, or being currently expelled in the 3 months before treatment versus during treatment
10. Service time frame- First service was in a time frame that met the needs of the consumer
11. Family participation in treatment- Percentage of consumers who reported family member/guardian involved with treatment services and/or person-centered planning
12. Treatment attendance- Percentage of consumers who reported attending treatment all or most of the time
13. Emergency room visits- Percentage of consumers who reported having visits to a hospital emergency room in the 3 months before treatment versus during treatment

NC TOPPS Outcome Measures: Adolescent Mental Health November 2012 to October 2013

